

# La Mujer

Count: 32

Wall: 4 Level: Improver

Choreographer: Tomohiro Iizuka (Japan - Feb 2024)

Music: La Mujer – Mon Laferte, Gloria Trevi

Intro 40 counts, 22 secs

2 bridges after 16 counts on Wall 4 (3:00) , Wall 8 (3:00)

1 Restart on Wall 5 (12:00)

**[1-8] Step R, Hold, Step L, Point L, Back L, Point R, 1/8 R Back R, Together L**

**1,2&** Step R forward, Hold, Step Lock L behind right

**3-4** Step R forward, Point L to left side

**5-6** Step L back, Point R to right side

**7-8** 1/8 right turn Step R back, Step L beside right (1:30)

**[9-16] Walk RL, Anchor Step, Back LR, 1/4 L Sailor Step L**

**1-2** Step R forward, Step L forward

**3&4** Step Lock R behind right, Step weight down L, Step R back

**5-6** Step L back, Step R back Sweep L front to back

**7&8** 1/8 left turn Step L back, Step R beside left, 1/8 left turn Step L across right (10:30)

**\*Bridge 4 Counts on Wall 4 (3:00) , Wall 8 (3:00)**

**[1-4] Sway R,L,R, Together L**

**1-4** 1/8 left turn Step R to right side Sway R, Sway L, Sway R, Step L beside right  
(Next Step at 18, Step R to right side, without 1/8 left turn)

**\*Restart on wall 5, Replace 1/8 L Sailor Step L (7&8)**

**7&8** 1/8 left turn Step L back, Step R beside left, Step L forward (12:00)

**[18-24] Side R Together, Shuffle R, Side L Together, Shuffle Back L**

**1-2** 1/8 left turn Step R to right side, Step L beside right (9:00)

**3&4** Step R forward, Lock L behind right, Step R forward,

**5-6** Step L to left side, Step R beside left

**7&8** Step L back, Lock R across left, Step L back

**[25-32] Full Turn R, Coaster Step R, Cross L, Hitch R, Cross Samba R, Step L**

**1-2** 1/2 right turn Step R forward, 1/2 right turn Step L back (9:00)

**3&4** Step R back, Step L beside right, Step R forward

**5-6** Step L across right, Hitch R across left

**7&8&** Step R across left, Rock L to left side, Recover R, Step L slightly forward

Contact: Tomohiro Iizuka

[petitchienvalse@yahoo.co.jp](mailto:petitchienvalse@yahoo.co.jp)