

7 Summers



Count: 32

Wall: 4 Level: High Beginner

Choreographer: Lily Iguchi(Japan) – March 2026

Music: 7 Summers – Mogan Wallen

Intro 16 Counts, 2 Restarts:wall4 (9:00), wall7 (12:00)

[1-8] KStep

1-2 Step R diagonally right forward, Touch L beside right

3-4 Step L diagonally left back, Touch R beside left

5-6 Step R diagonally right back, Touch L beside right

7-8 Step L diagonally left forward, Touch R beside left

Restart Wall 4

[9-16] Vine R, Sway × 4

1-4 Step R to right side, Step L behind right, Step R to right side, Step L across right

5-8 Sway R,L,R,L

[18-24] Side R, Together L, Shuffle forward R, Rock L Recover R, Triple 1/2 L Turn

1-2 Step R to right side, Step L beside right

3&4 Step R forward, Lock L behind right, Step R forward

5-6 Rock L forward, Recover R

7&8 Turn 1/4 left Step L to left side, Step R beside left, Turn 1/4 left Step L forward (6:00)

Restart Wall 7

[25-32] Point R, Cross R, Point L, Cross L, Walk Around 3/4 R Turn

1-4 Point R to right side, Step R across left, Point L to left side, Step L across right

5-8 Turn 3/4 right Walk RLRL (3:00)

Note: This dance was choreographed for the Country Dance Meeting held in March 2026 at Yoshimuta Plateau in Kumamoto, Japan.

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HOWDY Country Dancers: <http://howdycountry.net/>